

UMA BHŪMI SPA

www.umabhumi.com



UMA BHUMI Spa focuses on the interconnectedness of mind, body, and soul, offering relaxing and rejuvenating spa experiences through massages, facials, and body treatments tailored to individual needs.

UMA BHUMI Spa values locally sourced spa products, offering unique and authentic experiences. We work closely with local artisans to ensure the finest ingredients are used in every treatment, making each session memorable and deeply connected to the community.

Opening Hours:
Everyday 10 am - 7 pm

Address: Jl. Wisata Alam, Lingkok Mas
Kerandangan, Senggigi. Lombok

Email: bookingumabhumi@gmail.com

Phone: [+62-85939463279](tel:+62-85939463279)

MASSAGES

UMA Massage

A relaxation massage Ideal for stress relief and relaxation.

90 minutes - IDR 550,000

60 minutes - IDR 400,000

BHŪMI Massage

A fusion of tension-relieving massage and yoga-inspired stretches.

90 minutes - IDR 600,000

Lombok Bamboo Massage

Tension release massage using warm bamboo. that works deep through the muscle fibres

90 minutes - IDR 600,000

BHŪMI zen of zone

1 Hr Back, Head, Neck & Shoulder + 30 Min

Reflexology

Targets key areas where stress and tension often accumulate.

Relieve tension, and rebalance the body

90 minutes - IDR 550,000

IBU Massage

A very gentle, nurturing massage, with a soothing face and head massage

90 minutes - IDR 550,000

60 minutes - IDR 400,000

UMA Stress Relief

A head massage with hair oil along with a neck, shoulder, and arm massage.

60 minutes - IDR 400,000

UMA Deep Relief

A stimulating foot massages to relieve tension and revive tired legs. Ideal after long walks or travel.

60 minutes - IDR 350,000

Inaq Massage (Pregnancy Massage)

Gentle, safe massage for expectant mothers to ease tension, reduce swelling, and support overall well-being.

*Notes: Treatments cannot be performed until you're in your Second Trimester

70 minutes - IDR 600,000

*All prices are in thousands of rupiah and are **inclusive** government tax
A 10% surcharge applies on public holidays and outside regular hours.

BODY TREATMENT

UMA Body Scrub

A full-body exfoliation using natural botanicals and oils to smooth, nourish, and refresh the skin.

60 minutes - IDR 500,000

UMA Ritual

A soothing body Scrub to exfoliate and smooth the skin. Followed by a hydrating Body Mask.

90 minutes - IDR 600,000

After Sun Relief

A soothing full-body massage with coconut oil and aloe vera to hydrate and calm sun-irritated skin, followed by a cooling aloe vera and cucumber water body mask.

90 minutes - IDR 700,000

BHŪMI Body Scrub (Sea Salt)

A revitalizing body exfoliation using mineral-rich sea salt and nourishing oils to smooth skin.

60 minutes - IDR 550,000

BHŪMI Ritual

A rejuvenating Sea Salt Scrub, which exfoliates and detoxifies the skin followed by a nourishing Body Mask.

90 minutes - IDR 650,000

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FACIAL

UMA Cleanse

A customizable facial using botanical formulations to balance and hydrate, tailored for all skin types.

60 minutes - IDR 500,000

Calming Cleanse

A soothing facial with botanical ingredients and an ice roller to calm sunburned or irritated skin.

60 minutes - IDR 550,000

AIR Cleanse

Dual exfoliation using Berry enzyme exfoliation mask & hydro microdermabrasion with botanical infusions. A refreshing deep-clean facial for smooth, radiant skin.

60 minutes - IDR 600,000

BHŪMI Cleanse

A botanical facial for all skin types, featuring a nourishing scrub, exfoliating enzyme mask, and a Guasha massage for glowing, smooth skin.

75 minutes - IDR 600,000

MUDA Cleanse

An anti-aging facial that combines seastem and botanical formulations. The treatment nourishes and revitalizes dull, tired skin, restoring natural radiance.

75 minutes - IDR 650,000

DEWI Cleanse

A Detox Facial with high-frequency & ultrasonic designed to purify, brighten, rebalance and energize tired skin. Reawaken the skin's natural clarity. Ideal for congested or dull complexions..

75 minutes - IDR 700,000

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HAND & FEET

Manicure

A classic detailed manicure, with a hand soak, cuticle grooming, and shaping.

45 minutes - IDR 250,000

UMA Hand Therapy

A manicure with exfoliating salt scrub and a calming hand massage for smooth, nourished hands. Perfect for tired or dry hands in need of extra care.

60 minutes - IDR 300,000

BHŪMI Hand Therapy

The ultimate nourishing hand care experience featuring a manicure, salt scrub, hydrating hand mask, and a soothing hand massage.

75 minutes - IDR 350,000

Regular Polish	IDR 150,000
Gel / Shellac Polish	IDR 250,000

Pedicure

A classic detailed pedicure, with a foot soak, cuticle grooming, and shaping.

45 minutes - IDR 300,000

UMA Foot Therapy

A refreshing pedicure, nourishing salt scrub, and a soothing foot massage, leaving your feet feeling refreshed, smooth, and revitalized.

60 minutes - IDR 350,000

BHŪMI Foot Therapy

Designed to reconnect you with your foundation, restore and refresh tired feet. Featuring a pedicure, salt scrub, hydrating foot mask, and a foot massage.

75minutes - IDR 400,000

Gel Polish Soak Off	IDR 150,000
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SPA PACKAGES

PUTRI Ritual

2 hour - IDR 800,000

Body Scrub & Relaxation Massage

Means “princess” in Indonesian. Reflects a sense of beauty, grace, and gentle refinement. The PUTRI Ritual is designed to nurture the body and calm the spirit. This treatment honors the tradition of mindful touch and luxurious care, drawing from natural Indonesian ingredients and wellness techniques used by women of the royal courts to maintain glowing skin and inner harmony.

MANDALIKA Ritual

2 hour - IDR 850,000

Salt Body Scrub & Relaxation Massage

The name Mandalika draws inspiration from Princess Mandalika, a beloved figure in Sasak folklore from Lombok, Indonesia. Known for her beauty, grace, and selflessness, Princess Mandalika symbolizes harmony and purity. This ritual embodies her spirit—connecting the body to the earth and sea through natural healing elements. By combining traditional and modern techniques, the Mandalika Ritual is designed to purify, relax, and restore your whole being.

KEMBANG DESA Ritual

3 hour - IDR 1,300,000

Body Scrub, Relaxation Massage, Facial & Foot Mask

A term often used to describe the most beautiful and graceful woman in a village—natural, radiant, and full of charm. This ritual embodies that essence, celebrating inner and outer beauty with a holistic journey designed to rejuvenate, detoxify, and restore balance. It draws inspiration from traditional Indonesian self-care rituals passed down through generations, using natural botanicals and gentle techniques to promote overall wellness.

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SPA PACKAGES

PURNAMA Ritual

2,5 hour - IDR 1,000,000

Body Scrub, Body Mask, Hair Oil & Relaxation Massage

“Purnama” means full moon, symbolizing a time of renewal, reflection, and heightened energy. In Indonesian tradition, Purnama is a sacred moment when the moon's radiant energy blesses the Earth, promoting balance and beauty both within and without. Drawing inspiration from this celestial event, the PURNAMA Ritual is designed to reconnect you with your inner light through a nurturing and restorative journey.

GALUH Ritual

2,5 hour - IDR 1,050,000

Salt Body Scrub, Body Mask, Scalp scrub & Relaxation Massage

"Galuh" originates from ancient Javanese languages, meaning "princess," "gem," or "noble woman." It evokes grace, purity, and regal beauty—qualities that this ritual is designed to celebrate and restore. The GALUH Ritual draws inspiration from traditional royal treatments once reserved for noble women of the Indonesian archipelago, reimagined here to offer a deeply indulgent and cleansing experience for modern-day queens.

MATAHARI Ritual

2,5 hour - IDR 1,300,000

Foot Scrub, Calming Massage, Body Mask with aloe vera gel, Calming Facial & Foot Mask

Symbolizing warmth, light, and energy. This ritual is inspired by the healing power of the sun and designed to restore balance after prolonged sun exposure. Just as the sun nourishes life, this treatment nourishes the skin and spirit—soothing, cooling, and deeply hydrating the body from head to toe. The MATAHARI Ritual is ideal for those who have spent time under the tropical sun and need a gentle yet effective restorative experience.

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RATU Ritual

2,5 hour - IDR 1,000,000

Foot Scrub, Relaxation Massage, Facial & Foot Mask

Inspired by the elegance and serenity of traditional Queen beauty rituals, the RATU Ritual is designed to make every woman feel regal and deeply nurtured. This luxurious full-body experience draws from ancient Indonesian healing traditions, blending gentle touch with botanical care to restore balance, calm the mind, and bring out your natural radiance.

RAJA Ritual

2,5 hour - IDR 1,100,000

Foot Scrub, Tension Release Massage, Facial & Foot Mask

This ritual is designed to honor the body as a temple, offering a royal experience that nurtures both physical and emotional well-being. Inspired by ancient wellness traditions and elevated with modern spa techniques. The RAJA Ritual is perfect for those seeking a deeply restorative and luxurious experience that treats the whole being. Every element works in harmony to release tension, encourage circulation, and restore vitality—leaving you feeling centered, renewed, and regal.

MUDA Ritual

1,5 hour - IDR 800,000

Back Massage & Age Defying Facial

Means "youthful" in Indonesian. MUDA ritual is designed to awaken and preserve that inner glow. Inspired by age-old beauty wisdom and combined with sea stem cells and botanical extracts, the MUDA Ritual offers a deeply restorative experience for both body and face. It begins with a soothing back massage to release tension, activate circulation, and ground the nervous system, preparing the body to fully absorb the benefits of the facial that follows.

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SPA PACKAGES

Replenish your body and spirit after conquering the majestic Mount Rinjani with this deeply restorative ritual. Begin your recovery with an hour-long soak in our magnesium-rich pool to ease muscle fatigue, improve circulation, and encourage deep relaxation.

RINJANI Refresh

1,5 hour - IDR 850,000

Foot Scrub, Herbal Massage, & Hydrating face mask

Revive your body and mind after physical exertion—perfect for those returning from a hike, climb, or simply feeling drained. "Rinjani" symbolizes strength, grounding, and natural rejuvenation. RINJANI Refresh is a journey back to balance, clarity, and vitality.

RINJANI Recovery

3 hour - IDR 1,350,000

Foot Scrub, Herbal Massage, Aloe Vera Body Mask & Hydrating Facial

Symbolizes the journey of restoration—just as climbers return from the heights of the mountain to rest and heal, this treatment helps the body descend from stress and tension into deep relaxation. This grounding and therapeutic treatment supports circulation, reduces muscular fatigue, and brings a sense of calm to body and mind.

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OTHER TREATMENT

ADD ON

*Only available in combination with other treatments or package.

Add on Quick facial	30 minutes - IDR 250,000
Add on Massage	30 minutes - IDR 200,000
Add on Back Scrub	30 minutes - IDR 175,000
Add on Back Mask	15 minutes - IDR 175,000
Add on Body Mask	45 minutes - IDR 300,000

LASH & BROW

Lash Tint	IDR 250,000		
Brow Tint	IDR 250,000	Lash lift	IDR 600,000
Brow shape & Tint	IDR 400,000	Brow Lamination	IDR 600,000

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OTHER TREATMENT

WAXING FOR HER - (HOT WAX)

Toe / Finger (per finger)	IDR 20,000	Forehead	IDR 200,000	Bikini line	IDR 300,000
Nose	IDR 150,000	Underarm	IDR 300,000	G-String	IDR 375,000
Chin	IDR 150,000	Cheeks	IDR 200,000	Brazilian	IDR 450,000
Upper lip	IDR 150,000	Eye brow	IDR 250,000		

WAXING FOR HER - (STRIP WAX)

Half Arms	IDR 300,000	Half legs	IDR 350,000
Full arms	IDR 400,000	Full legs	IDR 450,000

WAXING FOR HIM - (STRIP WAX)

Half arms	IDR 350,000	Half Back	IDR 400,000	Chest	IDR 350,000
Full arms	IDR 450,000	Full Back	IDR 500,000	Abdomen	IDR 350,000
Half legs	IDR 400,000	Shoulder	IDR 350,000		
Full legs	IDR 500,000				

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POLICIES & GENERAL INFORMATION

In order to complete your consultation form and take time to relax in the tranquil surroundings of our spa before your treatment. Please arrive at least 20 minutes prior to your scheduled appointment time and 30 minutes prior for a group. We have reserved your booking time, especially for you and if you arrive late, or at the time your treatment is due to start, we may need to shorten your treatment time.

Arrival Time

Please arrive at least 20 minutes before your appointment (30 minutes for groups) to complete your consultation and relax before your treatment. Late arrivals may result in a shortened treatment time.

Cancellation & Rescheduling Policy

We kindly ask for at least 4 hours' notice to reschedule (subject to availability).

Changes within 4 hours cannot be accommodated. A 24-hour notice is required for significant booking changes.

- Cancellations result in forfeiture of your non-refundable deposit.
- No-shows will be charged 100% of the fee or have gift vouchers fully redeemed.
- All packages and products are non-refundable. Unopened products may be exchanged under certain conditions.

Mobile Phones

Please set your phone to silent, vibrate, or off upon arrival at UMA BHŪMI Spa. Speak softly to respect other guests' relaxation. If you need to take a call, let your therapist know—note that calls may reduce your treatment time.

Privacy / Modesty Concerns

Our therapists are trained in professional draping to ensure your privacy. You'll be covered at all times, with only the area being treated exposed. Therapists leave the room while you get on and off the table.

Children

To maintain a calm and safe environment, we kindly ask that children not visit UMA BHŪMI Spa unless they are receiving a treatment.

*Parental consent is required for any treatment on guests under 16.

Spa Attire

Please dress comfortably. For massages and body treatments, we provide a sarong and disposable underwear. For facials and other treatments, a sarong may also be offered. You're welcome to roll up your pants or sleeves for foot or arm massages if preferred.

Personal Belongings

UMA BHŪMI Spa is not liable for any lost or misplaced personal items. We kindly ask guests to secure their belongings or leave valuables at home. Lockers are available for your convenience.

Hygiene and Sterilisation

We schedule time between treatments to ensure thorough cleaning. All linens are changed, rooms are sanitized with hospital-grade disinfectant, and equipment is sterilized after each guest.

Health

Your health and safety are our top priority, so you'll be asked to complete a 'Treatment Form' to ensure the service is suitable, especially regarding any medical conditions.

Clients experiencing flu, intoxication, or contagious infections will not be treated, as it's unsafe for both you and our staff. If you're unwell and treatment can't proceed, our cancellation policy applies.

While we value you as a client, we reserve the right to refuse service at any time, for any reason.

We are committed to maintaining a safe, respectful environment. Any inappropriate behavior, including sexual misconduct, will result in immediate termination of the treatment and reporting to authorities.

Special Considerations

Please inform us of any dietary requirements, allergies, or medical conditions (including pregnancy) when making your booking so we can help tailor your experience. While we take great care, UMA BHŪMI Spa cannot guarantee treatments are free from allergens or suitable for all medical conditions. Please consult your doctor or healthcare professional before booking and inform us accordingly.

Group Bookings

Our reception team can assist with group bookings and customize Day Spa packages for various celebrations. A group booking of three or more requires a prepayment deposit and 48-hour cancellation notice for the entire group. For individual cancellations, 24-hour notice is needed, and group room allocations may be adjusted.